

UNIT 2: YOUR BODY AND YOU

Part D Listening: The food pyramid.
Mr. Baro

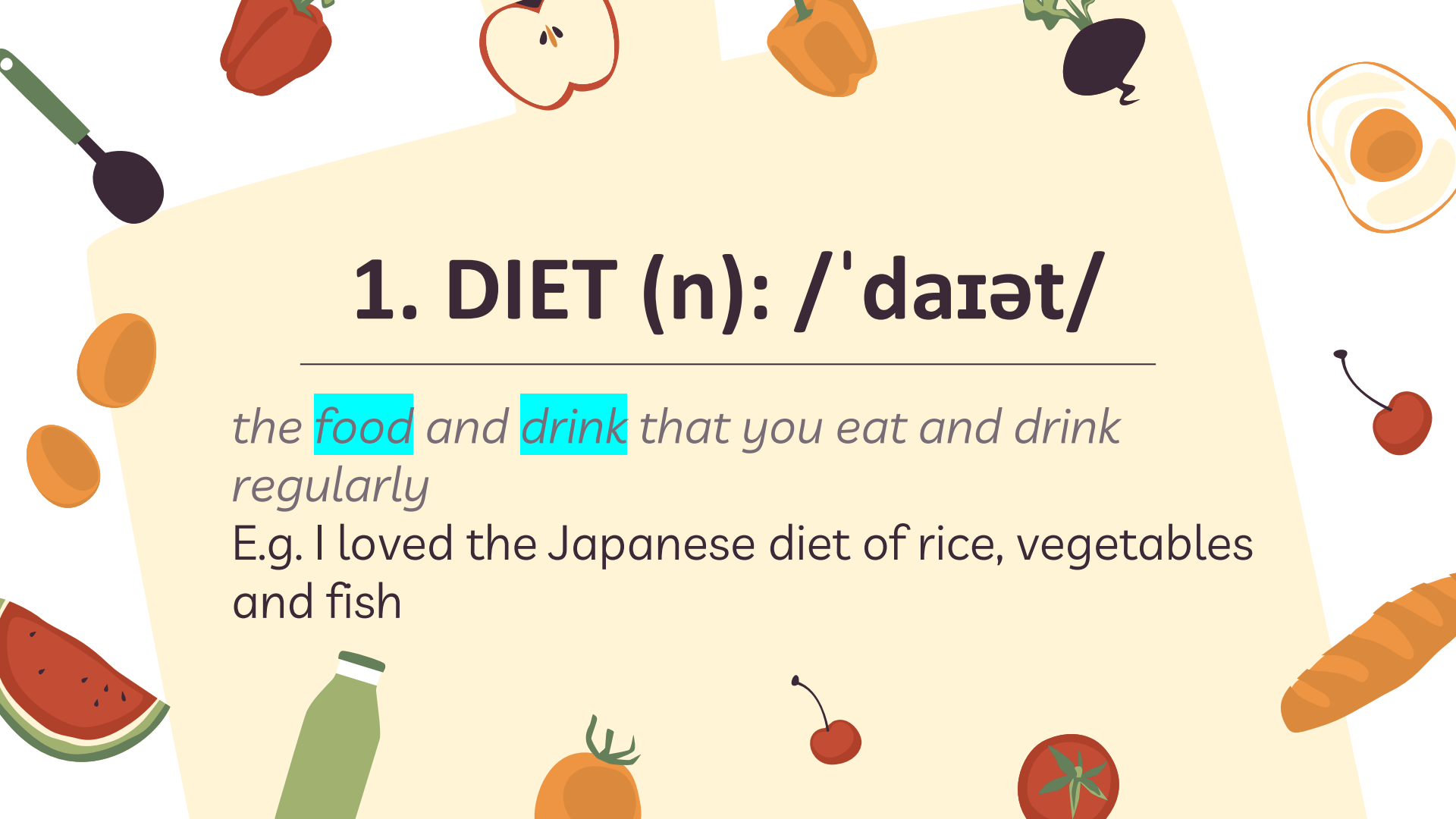




NEW VOCABULARY

WHAT IS THE PICTURE ABOUT?






1. DIET (n): /'daɪət/

*the **food** and **drink** that you eat and drink regularly*

E.g. I loved the Japanese diet of rice, vegetables and fish

**WHAT IS
THE
PICTURE
ABOUT?**





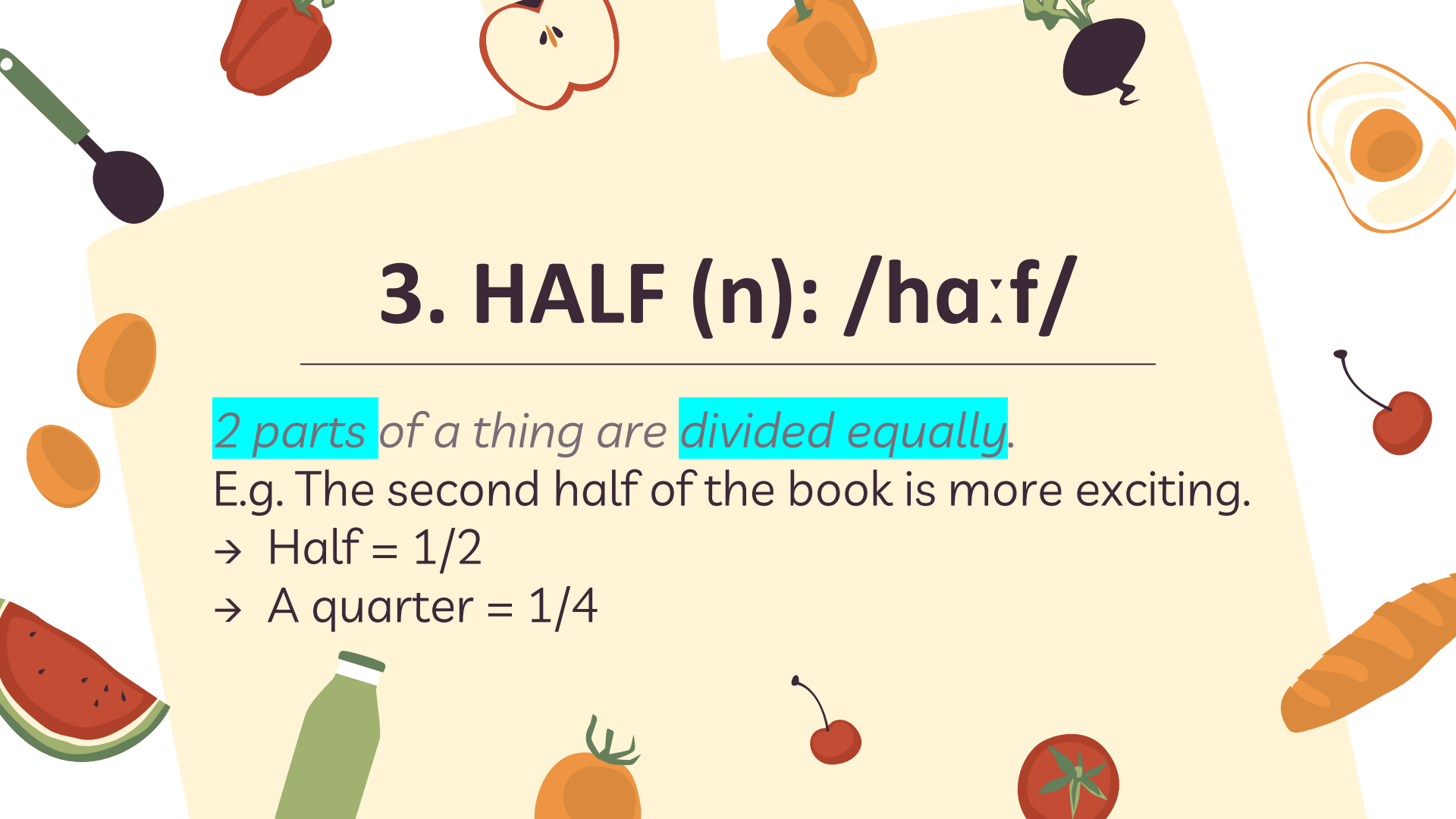
2. WEIGHT (n): /'daɪət/

How **heavy** somebody/something is, which can be **measured** in, for example, kilograms or pounds

E.g. She is trying to lose weight

**WHAT IS
THE
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3. HALF (n): /hɑ:f/

2 parts of a thing are divided equally.

E.g. The second half of the book is more exciting.

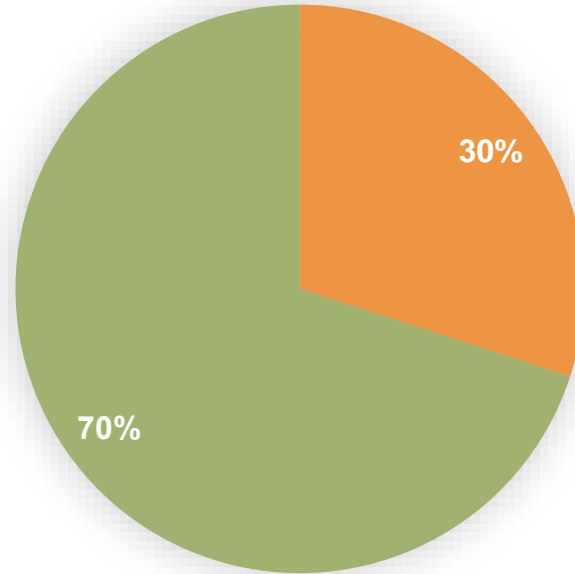
→ Half = $1/2$

→ A quarter = $1/4$

WHAT IS THE PICTURE ABOUT?



Percentage of customers buying souvenirs in a local store



MALE FEMALE

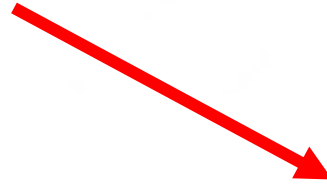


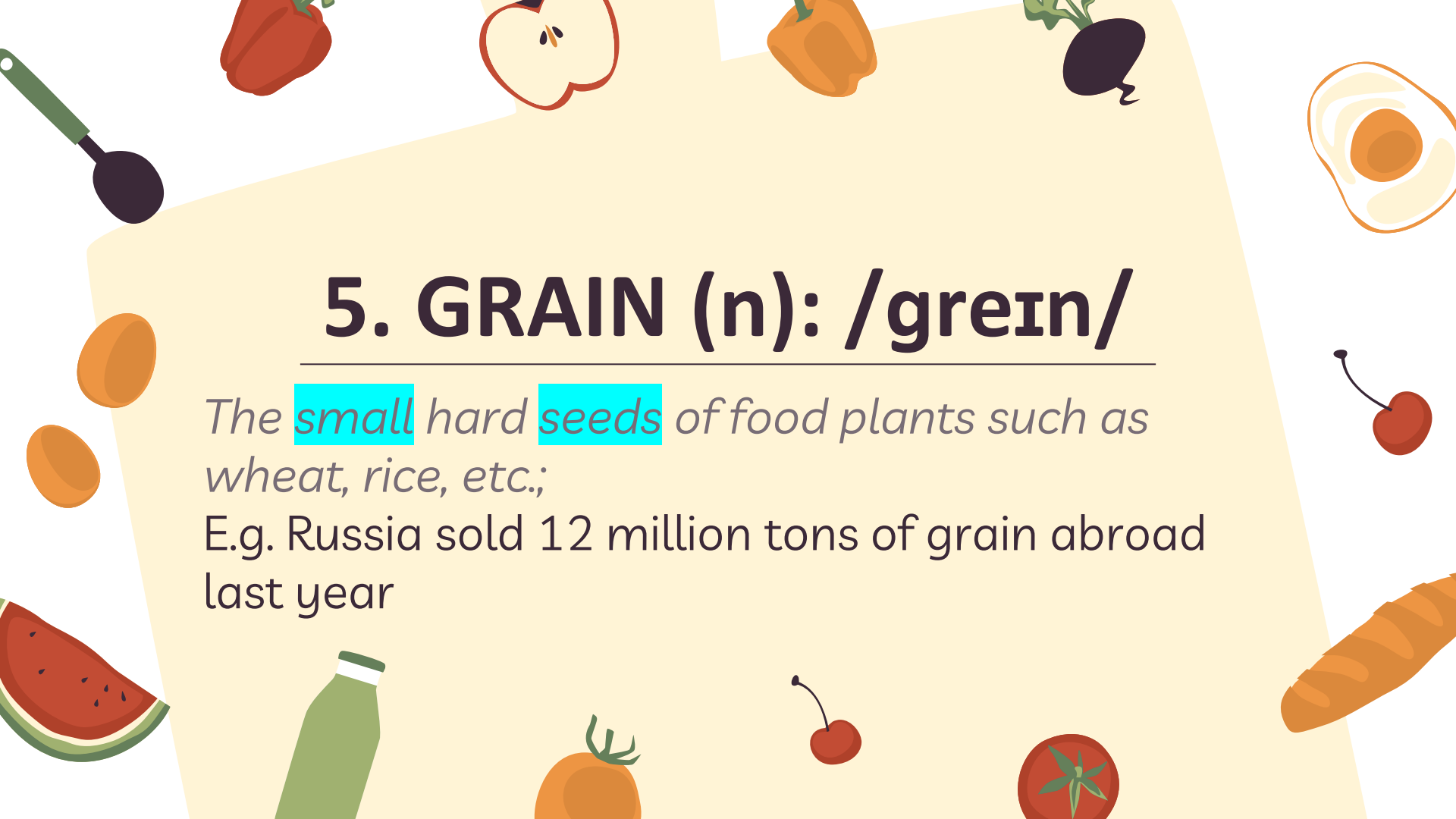
4. MAKE UP (phrasal verb)

to **form** something

E.g. Women make up 56 per cent of the student numbers

**WHAT IS
THE
PICTURE
ABOUT?**





5. GRAIN (n): /greɪn/

The **small** **hard seeds** of food plants such as wheat, rice, etc.;

E.g. Russia sold 12 million tons of grain abroad last year

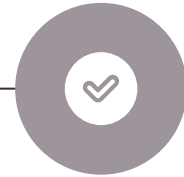
CONSOLIDATION

DIET




WEIGHT

A HALF/
QUARTER



GRAIN

- 
- The background is a light yellow shape with various food and kitchen icons scattered around it. These include a tomato, a pepper, a slice of orange, a spatula, a spoon, a cookie, a watermelon slice, a carrot, a chili pepper, a radish, a pot with a lid, and a bunch of grapes.
1. What do you know about the food pyramid?
 2. Do you think you are eating in the right way?

–BEFORE YOU READ

